Play Dough Recipe

Children enjoy making things and they can gain confidence in their abilities by doing so. Play dough provides tactile learning experiences which can stimulate a child's imagination.

Play dough is also easier for young children to handle than such as Plasticine or clay.

**Ingredients**

* 1 cup of plain flour
* 1 cup of water
* 1 tablespoon cooking oil
* 2 teaspoons cream of tartar
* half a cup of salt
* food colouring (optional)

**Method 1 - Saucepan**

Place all the ingredients in a saucepan at a low heat. Stir continously until the mixture thickens to a firm dough texture.

**Using Play Dough**

Dough can give children an opportunity to discover how a soft, stretchy material can behave. At first they will be happy just to handle the dough. It can be a soothing and relaxing activity.

Children always enjoy play cooking, so provide rolling pins, plastic cutters and plates.

**Storing Play Dough**

Store the dough in an airtight container such as a plastic bag or box, and keep it in the fridge. Like this the dough should keep for up to 2 - 3 weeks.